



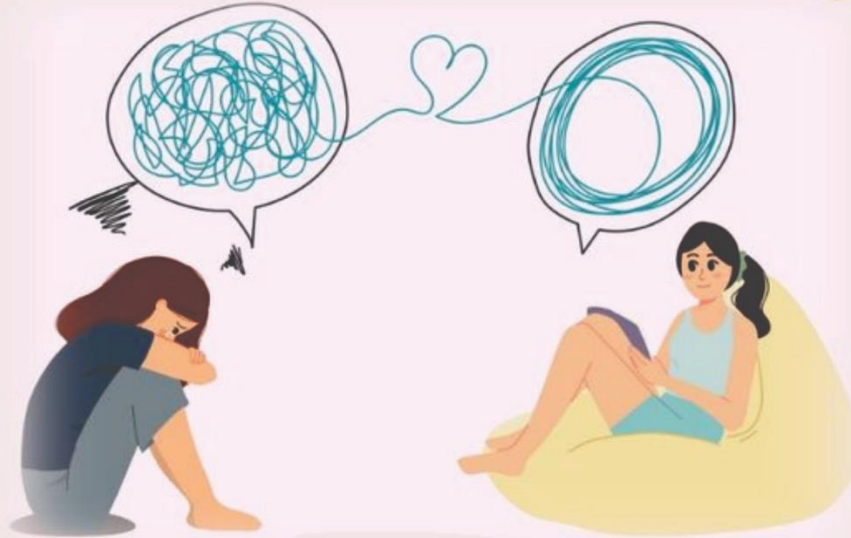
MANGALMAY INSTITUTE OF MANAGEMENT & TECHNOLOGY

(Approved by AICTE, New Delhi & Affiliated to AKTU, Lucknow)

Knowledge Park-II, Greater Noida (U.P.)



Greater Noida



**Grievance Redressal Committee
Celebrating**

World Mental Health Day

on

10th October 2023 at 12:30 PM in Seminar Hall, Block-C

Convener : Dr. Jaspreet Kaur, Faculty, MIMT



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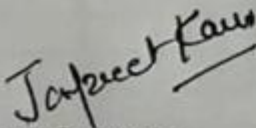
Dated: 09th October, 2023

NOTICE

This is to inform MBA Students that Grievance Redressal Committee, MIMT is celebrating World Mental Health Day on 10th October, 2023 at 12.30pm in Seminar Hall, Block C. On account to this event, following activities will be organized in the department:

- Movie screening on topic "Mental Health and Anxiety"
- Guest lectures

The convener of the activity is Dr. Jaspreet Kaur, Faculty, MIMT.


GRC Convener
MIMT


Director
MIMT

CC to:
IQAC Coordinator
Faculty members
All Students
Notice Board/ Digital Platform/ Students WhatsApp Group
Office File



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Report	
Name of Activity	Movie Screening on Mental Health and Anxiety & Guest Lecture on Mental Health (World Mental Health Day)
Date	10 th October, 2023
Time	12:30 pm – 01:30pm
Venue	Seminar Hall, Block C, MIMT
Organized by	Grievances Redressal Committee, MIMT
Convenor	Dr. Jaspreet Kaur, Assistant Professor, MIMT
Beneficiaries	MBA Students (76)
Objective	The objective of World Mental Health Day is to raise awareness of mental health issues among students.
Content	<p>Grievances Redressal Committee, MIMT organized one day celebrations for MBA students on account of World Mental Health Day. It is an opportunity for students to unite behind the theme 'Mental health is a universal human right' to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right.</p> <p>On this occasion, a movie was played in seminar hall for students on mental health and how to deal with mental health. Besides, guest lectures on mental health were delivered by Students Counsellor Ms. Kajal and Dean Academics Dr. Lalit Sharma. Students expressed gratitude for the opportunity to learn, share, and connect fostering a sense of community around mental health awareness.</p>
Outcome of Activity	The Mental Health Day celebration achieved its objectives of raising awareness, reducing stigma, and promoting mental well-being.



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Glimpses of the Activity



MBA students during movie screening on Mental Health Day.





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Guest Lecture by Dr. Lalit Sharma on Mental Health



Guest Lecture by Ms. Kajal on Mental Health and Stress Management.



Movie Screening on Mental Health on Mental Health Day



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Activity :-	Mental Health Day Celebrations	Date :- 10 th Oct 2023
S.No.	Name	Signature
1.	Vansh Saini	Vansh Saini
2.	Nandan? Kumari	Nandan?
3.	Santoshi mandal	Santoshi
4.	ABHINAV JAISWAL	Abhinav
5.	ASHISH KUMAR MISHRA	Ashish
6.	Sujit Naudar	Sujit
7.	UDAY SHARMA	Uday
10.	Mahima Sharma	Mahima
11.	Sheha Kashyap	Sheha
12.	Sumita Kumar	Sumita
13.	Priyanka	Priyanka
14.	Sumit	Sumit
15.	RANJANA KUMARI	Ranjana
16.	SHIKHA KUMARI	Shikha
17.	VANSHIKA TYAGI	Vanshika Tyagi
18.	Ayushi	Ayushi
19.	Sandip Kumar Shah	Sandip Shah
20.	Vishwajeet Pandey.	Vishwajeet
21.	Vikash Kumar Kamal.	Vikash
22.	Vikas Tyagi.	Vikas Tyagi
23.	Shanu Kumar	Shanu
24.	Aman Kumar dhoni.	Aman
25.	Piyush Ranjan.	Piyush
26.	Chandan Kumar	Chandan
27.	Sandeep Sharma	Sandeep
28.	Ayush Dubey	Ayush
29.	Jayesh Jishi	Jayesh
30.	Harsha	Harsha
31.	Meghna	Meghna
32.	Leekshya Jaiswal	Leekshya
33.	Avakar Kumar	Avakar Kumar
34.	Ashwanti V. Jain	Ashwanti V. Jain
35.	Divyanshi Debey	Divyanshi
36.	Garima Rathore	Garima



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Attendance Sheet

Name of Activity: _____

Date: _____

Class: _____

S. No.	Name	Signature
26	SONU KUMAR PANDEY	Sonu Kumar Pandey
27	Dharmendra Debey	Dharmendra Debey
28	Vivek Kumar	Vivek
29	Pratap Kumar Choudhary	Pratap
30	Govind Kumar Pathak	Govind Pathak
31	Kajal Pandit	K. Pandit
32	Lucky	Lucky
33	Amrita Jaiswal	Amrita Jaiswal
34	Kubali Mishra	Kubali
35	Shrey Singh	Shrey
36	Sheetal Chaurasia	Sheetal
37	Komal Sharma	Komal
38	Babli Goswami	Babli
39	Miya Bhatti	Miya
40	Divya Tiwari	Divya
41	Divyanshi Gupta	Divyanshi
42	Misha Agrawal	Misha
43	Garima Shukla	Garima Shukla
44	Sncha Sharma	Sncha
45	Anjanay Yadav	Anjanay
46	Ashita Gupta	Ashita
47	Prathma Pandey	Prathma
48	Neha Sanyal	Neha
49	Iska Baniya	Iska
50	Vaishnavi Paul	Vaishnavi
51	Neha Bishu	Neha
52	Nela	Nela
53	Purzet Kishwah	Purzet
54	Priyansh Bhati	Priyansh
55	Udit Kishwah	Udit
56	Sachin Kumar	Sachin
57	Ishant Kishwah	Ishant
58	Saurav Kumar	Saurav - K.
59	Chinug Royel	Chinug
60	Saurabh Tewari	Saurabh
61	Akash Saiswal	Akash
62	Amaan Jaiswal	Amaan
63	Ayush Gupta	Ayush
64	Anmol Tiwari	Anmol
65	Chhritiz Roy	Chhritiz
66	Aditya Rajput	Aditya